

Colloidal Silver Safety and Toxicity A look at EPA Guidelines

Several things MUST be made clear and fully understood in order to complete an accurate and comprehensive evaluation of the EPA's colloidal silver toxicity report:

Colloidal Silver, as a term used in this document, includes either silver ions or silver particles sized at between .0003 - .05 microns in diameter, which, in original state, are NOT bound to any other elements, are sustained in a pure distilled water solution, and are not stabilized using proteins, salts, or other substances. The anion for the silver ions is predominantly OH (a very small amount of carbonate may serve as anions).

This definition is important for several reasons. Formulations in this state respond differently in the body than the silver compounds or stabilized ionic solutions, if for no other reason than the extreme difference in the concentration of actual silver. The mainstream belief that all "colloidal silver" should fall under the same classification is erroneous. Therefore, not all products can be equally considered when considering the risk of argyria which is basically caused by ingesting excessive amounts of larger particle size silver compounds which cannot readily pass through cellular walls.

There are two points to be made regarding this.

1. The amount of actual silver content in an "isolated" colloidal silver is truly negligible in comparison to silver compound products.
2. It has not been demonstrated, nor should it be assumed, that "isolated" colloidal silver products respond in the same manner as do compounds in the human body.

There have been no long term studies done in the human body regarding the safety or true efficacy of isolated colloidal silver. However, careful examination of studies done with silver salts, compounds, and proteins can give a very clear idea of how much silver is required for toxicity in the human body (the most common manifestation being argyria).

Most of the material listed here regarding toxicity applies to silver in general, and is provided for the benefit of providing a complete knowledge base. The reader should always keep in mind that if isolated colloidal silver products DID respond in the body in the same manner as silver compounds, then there would be hundreds if not thousands of severe cases of argyria (a cosmetic condition) reported in the United States at this time.

The Environmental Protection Agency

0099

Silver; CASRN 7440-22-4

Health assessment information on a chemical substance is included in IRIS only after a comprehensive review of chronic toxicity data by U.S. EPA health scientists from several Program Offices and the Office of Research and Development. The summaries presented in Sections I and II represent a consensus reached in the review process. Background information and explanations of the methods used to derive the values given in IRIS are provided in the Background Documents.

STATUS OF DATA FOR Silver

File On-Line 01/31/1987

Category (section) Status Last Revised

Oral RfD Assessment (I.A.) on-line 12/01/1996
Inhalation RfC Assessment (I.B.) no data
Carcinogenicity Assessment (II.) on-line 06/01/1989

I. CHRONIC HEALTH HAZARD ASSESSMENTS FOR NONCARCINOGENIC EFFECTS

I.A. REFERENCE DOSE FOR CHRONIC ORAL EXPOSURE (RfD)

Substance Name -- Silver
CASRN -- 7440-22-4
Last Revised -- 12/01/1996

The oral Reference Dose (RfD) is based on the assumption that thresholds exist for certain toxic effects such as cellular necrosis. It is expressed in units of mg/kg-day. In general, the RfD is an estimate (with uncertainty spanning perhaps an order of magnitude) of a daily exposure to the human population (including sensitive subgroups) that is likely to be without an appreciable risk of deleterious effects during a lifetime. Please refer to the Background Document for an elaboration of these concepts. RfDs can also be derived for the noncarcinogenic health effects of substances that are also carcinogens. Therefore, it is essential to refer to other sources of information concerning the carcinogenicity of this substance. If the U.S. EPA has evaluated this substance for potential human carcinogenicity, a summary of that evaluation will be contained in Section II of this file.

I.A.1. ORAL RfD SUMMARY

Critical Effect Experimental Doses* UF MF RFD

Argyria NOEL: None 3 1 5E-3 mg/kg/day 2- to 9-Year LOAEL: 1 g (total dose);
Human i.v. Study converted to an oral dose of 0.014 mg/kg/day
Gaul and Staud, 1935

*Conversion Factors: Based on conversion from the total i.v. dose to a total oral dose of 25 g (i.v. Dose of 1 g divided by 0.04, assumed oral retention factor; see Furchner et al., 1968 in Additional Comments section) and dividing by 70 kg (adult body weight) and 25,500 days (lifetime, or 70 years).

I.A.2. PRINCIPAL AND SUPPORTING STUDIES (ORAL RFD)

Gaul, L.E. and A.H. Staud. 1935. Clinical spectroscopy. Seventy cases of generalized argyria following organic and colloidal silver medication.
J. Am. Med. Assoc. 104: 1387-1390.

The critical effect in humans ingesting silver is argyria, a medically benign but permanent bluish-gray discoloration of the skin. Argyria results from the deposition of silver in the dermis (*skin*) and also from silver-induced production of melanin (*skin pigment*). Although silver has been shown to be uniformly deposited in exposed and unexposed areas, the increased pigmentation becomes more pronounced in areas exposed to sunlight due to photoactivated reduction of the metal.

Although the deposition of silver is permanent, it is not associated with any adverse health effects. No pathologic changes or inflammatory reactions have been shown to result from silver deposition. Silver compounds have been employed for medical uses for centuries. In the nineteenth and early twentieth centuries, silver arsphenamine was used in the treatment of syphilis; more recently it has been used as an astringent in topical preparations. While argyria occurred more commonly before the development of antibiotics, it is now a rare occurrence. Greene and Su (1987) have published a review of argyria.

Gaul and Staud (1935) reported 70 cases of generalized argyria following organic and colloidal silver medication, including 13 cases of generalized argyria following intravenous silver arsphenamine injection therapy and a biospectrometric analysis of 10 cases of generalized argyria classified according to the quantity of silver present. In the i.v. study, data were presented for 10 males (23-64 years old) and for two females (23 and 49 years old) who were administered 31-100 i.v. injections of silver arsphenamine (total dose was 4-20 g) over a 2- to 9.75-year period. Argyria developed after a total dose of 4, 7 or 8 g in some patients, while in others, argyria did not develop until after a total dose of 10, 15 or 20 g. In the biospectrometric analysis of skin biopsies from 10 cases of generalized argyria, the authors confirmed that the degree of the discoloration is directly dependent on the amount of silver present.

The authors concluded that argyria may become clinically apparent after a total accumulated i.v. Dose of approximately 8 g of silver arsphenamine. The book entitled "Argyria The Pharmacology of Silver" reached the same conclusion, that a total accumulative i.v. Dose of 8 gm silver arsphenamine is the limit beyond which argyria may develop (Hill and Pillsbury, 1939). However, since body accumulates silver throughout life, it is theoretically possible for amounts less than this (for example, 4 g silver arsphenamine) to result in argyria.

Therefore, based on cases presented in this study, the lowest i.v. Dose resulting in argyria in one patient, 1 g metallic silver (4 g silver arsphenamine x 0.23, the fraction of silver in silver arsphenamine) is considered to be a minimal effect level for this study. Blumberg and Carey (1934) reported argyria in an emaciated chronically ill (more than 15 years) 33-year-old female (32.7 kg) who had ingested capsules containing silver nitrate over a period of 1 year. The patient reported ingesting 16 mg silver nitrate three times a day (about 30 mg silver/day) for alternate periods of 2 weeks. Spectrographic analysis of blood samples revealed a blood silver level of 0.5 mg/L 1 week after ingestion of silver nitrate capsules ceased, and there was only a small decrease in this level after 3 months.

The authors noted that this marked argyremia was striking because even in cases of documented argyria, blood silver levels are not generally elevated to this extent. Normal levels for argyremic patients were reported to range from not detected to 0.005 mg Ag/l blood. Heavy traces of silver in the skin, moderate amounts in the urine and feces, and trace amounts in the saliva were reported in samples tested 3 months after ingestion of the capsules stopped; however, despite the marked argyremia and detection of silver in the skin, the argyria at 3 months was quite mild. No obvious dark pigmentation was seen other than gingival lines which are considered to be characteristic of the first signs of argyria. The authors suggested that this may have been because the woman was not exposed to strong light during the period of silver treatment. This study is not suitable to serve as the basis for a quantitative risk assessment for silver because it is a clinical report on only one patient of compromised health. Furthermore, the actual amount of silver ingested is based on the patient's recollection and cannot be accurately determined.

In a case reported by East et al. (1980), argyria was diagnosed in a 47-year-old woman (58.6 kg) who had taken excessively large oral doses of anti-smoking lozenges containing silver acetate over a period of 2.5 years. No information was provided as to the actual amount of silver ingested. Symptoms of argyria appeared after the first 6 months of exposure. Based on whole body neutron activation analysis, the total

body burden of silver in this female was estimated to be 6.4 (plus or minus 2) g. Both the total body burden and concentration of silver in the skin were estimated to be 8000 times higher than normal. In a separate 30-week experiment, the same subject retained 18% of a single dose of orally-administered silver, a retention level much higher than that reported by other investigators. East et al. (1980) cited other studies on this particular anti-smoking formulation (on the market since 1973) which demonstrated that "within the limits of experimental error, no silver is retained after oral administration." However, this may not hold true for excessive intakes like that ingested by this individual. As with the study by Blumberg and Carey (1934), this study is not suitable to serve as the basis for a quantitative risk assessment. It is a clinical report on only one patient and the actual amount of silver ingested can only be estimated.

___I.A.3. UNCERTAINTY AND MODIFYING FACTORS (ORAL RFD)

UF -- An uncertainty factor of 3 is applied to account for minimal effects in a subpopulation which has exhibited an increased propensity for the development of argyria. The critical effect observed is a cosmetic effect, with no associated adverse health effects. Also, the critical study reports on only 1 individual who developed argyria following an i.v. Dose of 1 g silver (4 g silver arsphenamine). Other individuals did not respond until levels five times higher were administered. No uncertainty factor for less than chronic to chronic duration is needed because the dose has been apportioned over a lifetime of 70 years.

MF -- None

___I.A.4. ADDITIONAL STUDIES/COMMENTS (ORAL RFD)

In the study by East et al. (1980) (see section 1.A.2.), one human was found to retain 18% of a single oral dose. However, the authors acknowledge that this high level of retention is not consistent with data published in other laboratories. For ethical reasons, the experiment could be not repeated to determine the validity of the results.

Humans are exposed to small amounts of silver from dietary sources. The oral intake of silver from a typical diet has been estimated to range from 27-88 ug/day (Hamilton and Minski, 1972/1973; Kehoe et al., 1940). Tipton et al. (1966) estimated a lesser intake of 10-20 ug/day in two subjects during a 30-day observation period. Over a lifetime, a small but measurable amount of silver is accumulated by individuals having no excessive exposure. Gaul and Staud (1935) estimated that a person aged 50 years would have an average retention of 0.23-0.48 g silver (equivalent to 1-2 g silver arsphenamine). Petering et al. (1991) estimated a much lower body burden of 9 mg over a 50-year period based on estimated intake, absorption, and excretion values; however, it is not clear how the final estimate was calculated.

Furchner et al. (1968) studied the absorption and retention of ingested silver (as silver nitrate, amount not specified) in mice, rats, monkeys and dogs. In all four species, very little silver was absorbed from the GI tract. Cumulative excretion ranged from 90 to 99% on the second day after ingestion, with <1% of the dose being retained in <1 week in monkeys, rats and mice. Dogs had a slightly greater retention.

The authors used the data from the dog to estimate how much silver ingested by a 70 kg human would be retained. An "equilibrium factor" of 4.4% was determined by integrating from zero to infinity a retention equation which assumes a triphasic elimination pattern for silver with the initial elimination of 90% coming from the dog data. The first elimination half-time of 0.5 days was used "arbitrarily"; subsequent half-times of 3.5 days and 41 days were taken from a metabolic study by Polachek et al. (1960). Furchner et al. (1968) considered their calculated equilibrium factor of 4.4% to be a

conservative estimate for the amount of silver which would be retained by a 70 kg human. This figure was rounded to 4% and was used in the dose conversion (i.v. Dose converted to oral intake) for the calculation of the RFD. In addition to silver arsphenamine, any silver compound (silver nitrate, silver acetate, argyrol, Neosilvol and Collargol, etc.), at high dose, can cause argyria.

Another important factor predisposing to the development of argyria is the exposure of the skin to light. Argyria, the critical effect upon which the RFD for silver is based, occurs at levels of exposure much lower than those levels associated with other effects of silver. Argyrosis, resulting from the deposition of silver in the eye, has also been documented, but generally involves the use of eye drops or make-up containing silver (Greene and Su, 1987). Silver has been found to be deposited in the cornea and the anterior capsule of the lens. The same deposition pattern was seen in the eyes of male Wistar rats following administration of a 0.66% silver nitrate solution to the eyes for 45 days (Rungby, 1986). No toxicological effects were reported.

Toxic effects of silver have been reported primarily for the cardiovascular and hepatic systems. Olcott (1950) administered 0.1% silver nitrate in drinking water to rats for 218 days. This exposure (about 89 mg/kg/day) resulted in a statistically significant increase in the incidence of ventricular hypertrophy. Upon autopsy, advanced pigmentation was observed in body organs, but the ventricular hypertrophy was not attributed to silver deposition. Hepatic necrosis and ultrastructural changes of the liver have been induced by silver administration to vitamin E and/or selenium deficient rats (Wagner et al., 1975; Diplock et al., 1967; Bunyan et al., 1968).

Investigators have hypothesized that this toxicity is related to a silver-induced selenium deficiency that inhibits the synthesis of the seleno-enzyme glutathione peroxidase. In animals supplemented with selenium and/or vitamin E, exposures of silver as high as 140 mg/kg/day (100 mg Ag/L drinking water) were well-tolerated (Bunyan et al., 1968).

___I.A.5. CONFIDENCE IN THE ORAL RFD

Study -- Medium
Data Base -- Low
RFD -- Low

The critical human study rates a medium confidence. It is an old study (1935) which offers fairly specific information regarding the total dose of silver injected over a stated period of time. One shortcoming of the study is that only patients developing argyria are described; no information is presented on patients who received multiple injections of silver arsphenamine without developing argyria. Therefore, it is difficult to establish a NOAEL. Also, the individuals in the study were being treated for syphilis and may have been of compromised health.

Confidence in the data base is considered to be low because the studies used to support the RFD were not controlled studies. For clinical case studies of argyria (such as Blumberg and Carey, 1934; East et al., 1980), it is especially difficult to determine the amount of silver that was ingested. Confidence in the RFD can be considered low-to-medium because, while the critical effect has been demonstrated in humans following oral administration of silver, the quantitative risk estimate is based on a study utilizing intravenous administration and thus necessitates a dose conversion with inherent uncertainties.

___I.A.6. EPA DOCUMENTATION AND REVIEW OF THE ORAL RFD

Source Document -- This assessment is not presented in any existing US EPA document.

Other EPA Documentation -- None

Agency Work Group Review -- 10/09/1985, 02/05/1986, 04/18/1990, 02/20/1991, 07/18/1991

Verification Date -- 07/18/1991

___I.A.7. EPA CONTACTS (ORAL RFD)

Please contact the Risk Information Hotline for all questions concerning this assessment or IRIS, in general, at (513)569-7254 (phone), (513)569-7159 (FAX) or RIH.IRIS@EPAMAIL.EPA.GOV (Internet address).

___I.B. REFERENCE CONCENTRATION FOR CHRONIC INHALATION EXPOSURE (RfC)

Substance Name -- Silver

CASRN -- 7440-22-4

Not available at this time.

__II. CARCINOGENICITY ASSESSMENT FOR LIFETIME EXPOSURE

Substance Name -- Silver

CASRN -- 7440-22-4

Last Revised -- 06/01/1989

Section II provides information on three aspects of the carcinogenic assessment for the substance in question; the weight-of-evidence judgment of the likelihood that the substance is a human carcinogen, and quantitative estimates of risk from oral exposure and from inhalation exposure. The quantitative risk estimates are presented in three ways. The slope factor is the result of application of a low-dose extrapolation procedure and is presented as the risk per (mg/kg)/day. The unit risk is the quantitative estimate in terms of either risk per ug/L drinking water or risk per ug/cu.m air breathed. The third form in which risk is presented is a drinking water or air concentration providing cancer risks of 1 in 10,000, 1 in 100,000 or 1 in 1,000,000.

The rationale and methods used to develop the carcinogenicity information in IRIS are described in The Risk Assessment Guidelines of 1986 (EPA/600/8-87/045) and in the IRIS Background Document. IRIS summaries developed since the publication of EPA's more recent Proposed Guidelines for Carcinogen Risk Assessment also utilize those Guidelines where indicated (Federal Register 61(79):17960-18011, April 23, 1996). Users are referred to Section I of this IRIS file for information on long-term toxic effects other than carcinogenicity.

___II.A. EVIDENCE FOR CLASSIFICATION AS TO HUMAN CARCINOGENICITY

___II.A.1. WEIGHT-OF-EVIDENCE CLASSIFICATION

Classification -- D; not classified as to human carcinogenicity Basis -- In animals, local sarcomas have been induced after implantation of foils and discs of silver. However, the interpretation of these findings

has been questioned due to the phenomenon of solid-state carcinogenesis in which even insoluble solids such as plastic have been shown to result in local fibrosarcomas.

___II.A.2. HUMAN CARCINOGENICITY DATA

No evidence of cancer in humans has been reported despite frequent therapeutic use of the compound over the years.

___II.A.3. ANIMAL CARCINOGENICITY DATA

Inadequate. Local sarcomas have been induced after subcutaneous (s.c.) implantation of foils and discs of silver and other noble metals. Furst (1979, 1981), however, cited studies showing that even insoluble solids such as smooth ivory and plastic result in local fibrosarcomas and that tin when crumbled will not. He concluded that i.p. And s.c. implants are invalid as indicators of carcinogenicity because a phenomenon called solid-state carcinogenesis may complicate the interpretation of the cause of these tumors.

It is difficult to interpret these implantation site tumors in laboratory animals in terms of exposure to humans via ingestion. Within these constraints there are two studies given below in which silver per se appeared to induce no carcinogenic response. Schmahl and Steinhoff (1960) reported, in a study of silver and of gold, that colloidal silver injected both i.v. And s.c. into rats resulted in tumors in 8 of 26 rats which survived longer than 14 months. In 6 of the 8, the tumor was at the site of the s.c. injection.

In about 700 untreated rats the rate of spontaneous tumor formation of any site was 1 to 3%. No vehicle control was reported. Furst and Schlauder (1977) evaluated silver and gold for carcinogenicity in a study designed to avoid solid-state carcinogenesis. Metal powder was suspended in trioctanoin and injected monthly, i.m., Into 50 male and female Fischer 344 rats per group. The dose was 5 mg each for 5 treatments and 10 mg each for 5 more treatments for a total dose of 75 mg silver.

The treatment regiment included a vehicle control (a reportedly inert material), and cadmium as a positive control. Injection site sarcomas were found only in vehicle control (1/50), gold (1/50) and cadmium (30/50); no tumors (0/50) appeared at the site of injection in the silver-treated animals. A complete necropsy was performed on all animals. The authors mentioned the existence of spontaneous tumors in Fischer 344 rats, but reported only injection site tumors. They concluded that finely divided silver powder injected i.m. does not induce cancer.

___II.A.4. SUPPORTING DATA FOR CARCINOGENICITY

Further support for the lack of silver's ability to induce or promote cancer stems from the finding that, despite long standing and frequent therapeutic usage in humans, there are no reports of cancer associated with silver. In a recent Proceedings of a Workshop/Conference on the Role of Metals in Carcinogenesis (1981) containing 24 articles on animal bioassays, epidemiology, biochemistry, mutagenicity, and enhancement and inhibition of carcinogenesis, silver was not included as a metal of carcinogenic concern.

No evidence of the mutagenicity of silver was shown in two available studies. Demerec et al. (1951) studied silver nitrate for the possible induction of back-mutations from streptomycin dependence to nondependence in *Escherichia coli*. Silver nitrate was considered nonmutagenic in this assay. Nishioka

(1975) screened silver chloride with other chemicals for mutagenic effects using a method called the rec-assay. Silver chloride was considered nonmutagenic in this assay.

__II.B. QUANTITATIVE ESTIMATE OF CARCINOGENIC RISK FROM ORAL EXPOSURE

Not available.

__II.C. QUANTITATIVE ESTIMATE OF CARCINOGENIC RISK FROM INHALATION EXPOSURE

Not available.

__II.D. EPA DOCUMENTATION, REVIEW, AND CONTACTS (CARCINOGENICITY ASSESSMENT)

__II.D.1. EPA DOCUMENTATION

Source Document -- US EPA, 1988

The 1988 Drinking Water Criteria Document for Silver has received Agency review.

__II.D.2. REVIEW (CARCINOGENICITY ASSESSMENT)

Agency Work Group Review -- 09/22/1988

Verification Date -- 09/22/1988

__II.D.3. US EPA CONTACTS (CARCINOGENICITY ASSESSMENT)

Please contact the Risk Information Hotline for all questions concerning this assessment or IRIS, in general, at (513)569-7254 (phone), (513)569-7159 (FAX) or RIH.IRIS@EPAMAIL.EPA.GOV (Internet address).

Evaluating Colloidal Silver

Based on the EPA's Guidelines As the EPA studies show, the estimated amount of silver intake in order to be at risk for Argyria is 3.8 (to six) grams of silver. One teaspoon of 5 ppm colloidal silver contains about 25 micrograms of silver, or .025 milligrams of silver. Six teaspoons, the equivalent of one fluid ounce, therefore contains .15 milligrams of silver. The EPA's critical dose for a 160 lb. adult is 1.09 milligrams daily. Taking one ounce of colloidal silver daily, according to EPA guidelines, is well below the critical daily intake for the development of argyria. Four ounces daily would equal around .6 milligrams.

However, all of this is dependent upon the body's actual retention of colloidal silver in body tissues. There is no existing data which addresses the very real differences between isolated ionic silver (and particles sized .0003 - .05 microns in diameter), and silver compounds (silver nitrate, silver arspenamine , silver proteins, silver salts, silver acetate, etc.). Can a risk assessment for argyria based on high strength ionic silver compounds be applied to low PPM isolated silver solutions and colloidal silver?

This is unknown. There is accumulating evidence which strongly suggests that neither low PPM isolated ionic silver nor minutely sized silver particles build up in the body at the same rate indicated by the compound study data.

Many researchers have traditionally been unable to explain the exact risk elements associated with silver toxicity-- why one individual is at risk for argyria and why another is not. As some of the research data shows, however, a Selenium deficiency may be a determining factor. If Selenium and other dietary factors are the sole determining factor in the risks associated with argyria (aside from obvious massive overdoses), then dose quantities, frequency of use, and actual silver concentration become of paramount importance in gauging risk. If dietary intake and systemic availability of needed substances exceed those required as a part of silver elimination in the body, then the accumulation of silver in the body will not be comparable to the high potency compound products, and thus the risk of argyria will not be equal.

Evidence presented in one study case conducted by Roger Altman lends credence to the idea that silver accumulation via oral use of an isolated colloidal silver product does not always occur. Needless to say, though, much further work needs to be done on the subject for definitive answers. Some researchers believe that build up of silver in the body is caused exclusively by the concentration of silver ingested, irrespective of the actual form of silver. Therefore, it would not likely matter whether one took a silver protein that contained 1 milligram of silver or one milligram of silver nitrate - the risk for argyria, whatever that may or may not be, would be the same.

However, we do not believe this to be the case. We do not believe that the body itself responds the same to silver compounds as it does to isolated silver. Data inferred from the above studies indicate a wide variance in the amount of silver deposited in those whom have never taken a colloidal silver product. It is extremely unlikely that ANY of the people studied (outside of silver-rich industrial conditions) would have ingested large amounts of silver at any given time, and yet the variance in accumulation in body tissues infers that there are other factors involved in accumulation.

While it is our conclusion after four years of study that the risk of Argyria from the use of a quality isolated colloidal silver product is negligible, prudence suggests that actual silver intake be kept below 1.09 milligrams daily until scientific evidence demonstrates otherwise. In the event that greater doses are required for long term treatments, dietary measures to augment the body's elimination system are likely a good idea, including Selenium and Vitamin E supplementation and proper hydration of the body.

Measurement of silver accumulation in the body every six months would also be a prudent and revealing measure. Considering the actual silver content per dose, the development of argyria would only occur over a long period of time with unnecessarily large amounts of colloidal silver used daily. Even the most conservative estimates would put the time frame in excess of three years.

12-14-02

EPA Silver Safety Studies ----FDA and Colloidal Silver---- Silver Compound
Toxicity